

Women Investing in Strategies for Health A program of UCHealth Northern Colorado Foundation

2021 WISH Funded Projects

Women Investing in Strategies for Health (WISH), a program of UCHealth Northern Colorado Foundation, is a giving circle that educates, empowers and inspires women philanthropists. WISH members pool funds to support the health needs of our community through UCHealth programs, partnerships and services provided in Larimer and Weld counties. For calendar year 2021, a total distribution of \$68,145 funded the following programs and services:

<u>Women & Children's Services – 3Hopeful Hearts Bereavement Counseling:</u> Counseling vouchers for bereaved parents and families.

North Risk Management, Inpatient Fall Prevention: Ceiling tiles with "call don't fall" messaging to be placed in patient rooms with intervention focused on reducing falls.

<u>Family Medicine Center, FMC Food Pantry Prep Space:</u> Transform a small space within the Pantry to allow for repacking of bulk food items and increased sanitation processes.

Healthy Hearts School Education: Create digital content to assist with virtual learning programs.

<u>PVH Women's Care Unit, Antepartum Patient Activity/ Craft Supply:</u> Supplies for the antepartum activity program for women who are hospitalized on bed rest due to pregnancy-related complications.

<u>Children's Therapy Services, Pediatric Concussion Clinic:</u> Equipment for assessment of pediatric patients with non-sport–related concussions and mild traumatic brain injuries.

<u>PVH Emergency Department, Pediatric Mental Health Boarding Activities:</u> Activities and equipment for pediatric patients waiting for inpatient mental health placement.

<u>PVH Inpatient Rehabilitation, Portable Supine Cycling and Arm Ergometer:</u> Portable device that helps improve circulation, preserve joint integrity, and prevent muscle weakness in patients who are on bed rest or limited activity.

<u>North Risk Management, Falls Prevention – Toilet Alarms in Bathrooms:</u> Toilet alarms for patients who are at risk for falls, providing privacy and dignity while using the bathroom.

<u>PVH Women's Care Unit, Promotion of Family and Infant Bonding During a Pandemic:</u> To help with visitor restrictions due to COVID-19, purchase two iPads to enable mothers and newborns to stay connected with families.

<u>North Neuroscience Services, Stroke Awareness Initiative:</u> BEFAST (balance, eyes, face, arms, speech, time) magnets with education and stroke awareness in collaboration with pharmacies.

Greeley Hospital Trauma Services, Stop the Bleed for Weld County: Stop the Bleed education in Weld County.

North Medical Support Services, Sunshine Carts: Meaningful activities and tools to help reduce the risk of confusion and to decrease distress in hospitalized persons living with dementia.

<u>Trauma Services, Trauma Survivor Handbook:</u> Update and print the trauma survivor handbook, supporting patients and families through the long and challenging recovery from traumatic injuries.

<u>Children's Therapy Services, Health Monitoring for Youth:</u> Smart watches to help children and adolescents build skills of self-awareness and self-regulation.

<u>PVH Inpatient Rehabilitation, Bariatric Early Mobility:</u> Bariatric sit-to-stand frame provides a safe option to regain strength and independence for bariatric patients during hospital stay.

<u>Peakview Pediatrics Greeley, Books for Children – Reach out and Read:</u> Books to pediatric patients at well care visits.

<u>Community Health Improvement, Car Seat Education and Distribution:</u> Car seats to families that cannot afford to purchase them, and provide safety education.

North Risk Management, STRESS (Sensory Tools to Reduce Environmental Stimulation and Stressors) Resource <u>Carts:</u> Toolkits supporting patients with Autism Spectrum Disorder and Sensory Processing Disorder to meet individual sensory needs, and provide education to staff.

WISH membership is open to anyone interested in supporting the health and health care services of our community. For more information, visit: <u>uchealthnocofoundation.org/wish</u>.