

2020 WISH Grant Recipients

Women Investing in Strategies for Health (WISH) is a giving circle that pools annual membership funds. The group then learns about health needs in Larimer and Weld counties and collectively decides how its pooled funds will be utilized to support local programs, projects, and services provided by UCHealth in northern Colorado.

In partnership with UCHealth Northern Colorado Foundation, WISH is proud to announce its 2020 grant recipients. A total distribution of **\$50,890** supports the following programs and services:

<u>Greeley Hospital Birthing Center - Loaner Breast Pumps:</u> Provide breast pump rental vouchers for new mothers who need financial assistance.

<u>Community Health Improvement - Continuous Glucose Monitoring</u>: Pilot the use of continuous glucose monitors (CGM) for a group of Medicaid Accountable Care Collaborative (MACC) clients. The monitors will provide real-time blood sugar readings in an effort to avoid health issues that would result in a hospital visit/admission.

Poudre Valley Hospital Inpatient Rehabilitation - Memory Notebooks: Provide memory notebooks to patients who have cognitive and memory impairments. The memory notebook system is a tool to aid in functional recall to improve memory for daily events, patient and therapy goals, and health information.

Poudre Valley Hospital Inpatient Rehabilitation - Aphasia Choir: Create a community choir designed for people who have non-fluent aphasia—a neurological condition caused by stroke or other damage to the portions of the brain responsible for language. The choir will be facilitated by a board-certified music therapist trained in Neurologic Music Therapy.

<u>Community Health Improvement - Suicide Prevention & Awareness:</u> Support a comprehensive program that incorporates art, speakers and community resources to help remove the stigma of mental health issues, improve coping skills and raise awareness.

<u>Medical Center of the Rockies Women & Children Care - Special Care Nursery Recliners:</u> Purchase three new recliners to provide comfortable seating for new mothers and their families in the special care nursery. The special care nursery is where pre-term infants, as well as unexpectedly sick infants, receive intensive care after delivery.

Poudre Valley Hospital Inpatient Rehabilitation - Frenzel Goggles: Purchase Frenzel goggles, a tool for accurately and quickly diagnosing patients who have inner-ear problems and are experiencing nausea, vomiting and dizziness.

<u>Oncology Service Line - Genetic Counseling Support:</u> Provide oncology genetic counseling to patients who are uninsured/underinsured. Oncology genetic counseling identifies individuals who are at increased risk for cancer, so that they can be proactive in their cancer screening or undergo interventions to prevent cancer.

<u>Poudre Valley Hospital Inpatient Rehabilitation - Lift Scale for Body Weight Support Treadmill Training</u> (<u>BWSTT</u>): Purchase a scale that will allow for better accuracy in BWSTT. BWSTT is a standard treatment for stroke survivors to regain the ability to walk, enabling gradual unweighting over the course of treatment.

<u>Healthy Hearts - Middle School Program Enhancements:</u> Purchase equipment to enhance middle school students' learning: CPR manikins that are age-appropriate and can withstand use by high-energy middle school participants; iPads to provide interactive nutrition, heart anatomy, and vaping education.

<u>Dementia-Friendly Communities - Helping People Live Well With Dementia:</u> Support outreach education events to help make life-changing differences for people living with dementia.

<u>Community Health Improvement - Car Seat Program</u>: Provide car seats for families that cannot afford to purchase them, and provide car seat safety education.

Fort Collins Family Medicine Center (FMC) - Adolescent Health Initiative: Provide iPads for FMC adolescent patients to use to complete confidential, electronic risk-screening questionnaires. Research indicates that teenagers respond more honestly when using electronic screening tools rather than paper and pen.

<u>UCHealth Northern Region - Hearing Loops</u>: Procure and install hearing loops at PVH and MCR main desks, pharmacies, and emergency rooms. In busy hospital settings, hearing aids are not fully effective, because background noise interferes with listening and understanding. Hearing loops provide intelligible, distortion-free speech in these types of environments.

Women's & Children Care - 3Hopeful Hearts Counseling: Provide counseling vouchers for bereaved parents and families.

WISH applications are available through UCHealth Northern Colorado Foundation each summer. If you're interested in supporting UCHealth programs and services through WISH grants, you, too, can become a member. For more information: <u>uchealthnocofoundation.org/wish</u>.