



2024 WISH Funded Projects

Women Investing in Strategies for Health (WISH), a program of UCHealth Northern Colorado Foundation, is a giving circle formed by a group of local women. WISH educates, empowers and inspires women philanthropists. WISH members pool funds to support local programs, projects, and services provided by UCHealth in northern Colorado.

WISH is proud to announce its 2024 award recipients. A total distribution of **\$34,600** supports the following programs and services:

Department and Project/Program Title	Summary
UCHealth Professional Development – Project Lifesaver:	Project Lifesaver funds will support the acquisition of a Resusci Junior QCPR high performance training mannequin. This flexible simulation technology is designed to enhance pediatric resuscitation training, ensuring our healthcare professionals are equipped with the skills and precision necessary to save young lives in critical moments. Pediatric resuscitation demands a level of expertise and precision that can only be achieved through thorough and realistic training.
UCHealth Aspen Club/Senior Services – Who You Are Matters	Who You Are Matters goes beyond your average board game as it helps players answer important questions about their career and life. This game has the potential to help community members reflect, learn, connect, and feel empowered to strive toward their personal aspirations which are made known throughout the game. Sometimes putting patients first means fostering a chance to reflect, play, and consider what they will do with the gift of longevity and embrace their current state of health.
UCHealth Family Medicine Center – Transportation Station	To create a designated waiting area for patients that utilize ride share or other medical transportation services. At Family Medicine Center, 65% of the population we serve are considered underserved in our community. The majority of these patients rely on ride share or medical transportation services for transport to and from their medical appointments. Without access to these transportation services, a large number of our patients would not be able to attend medical appointments at the clinic.
UCHealth PVH Rehabilitation Unit – Slip Trainer	It is our goal to progress patients to a point where they can transition home safely while also making sure loved ones feel confident in their ability to manage them at home. One of the biggest areas we address on the Rehab Unit is their fall risk. "Falls occur in up to 70% of persons with stroke during the first 6 months after discharge from hospital or rehabilitation facility". Recently we have added another intervention where we use our body weight supported ceiling harness system and 4' x 4' mat to design a slip/trip system to improve the patient's reactive balance. The Slip Trainer will help by improving our body mechanics while also improving a patient's impaired reactive balance response.
UCHealth Neurology Unit – Simulated Presence Therapy & Music Therapy	The Simulated Presence Therapy (SPT) intervention video or audiotope replicates a connection with their friends and family. The tape simulates a phone message in which a family member soothes the patients diagnosed with dementia or brain injury. The tape reassures the patient of their well-being and whereabouts, easing anxiety. Music Therapy is a health profession grounded in both evidence and artistry, employing music experiences within a therapeutic alliance to tend to clients' physical, emotional, cognitive, and social requirements. It entails a deliberate intervention process where the therapist assists the client in fostering well-being, utilizing music experiences and the evolving relationships therein as catalysts for transformative change.

UCHealth Family Medicine Center – Postpartum Support Group	During the first-year postpartum year, postpartum depression among women occurs at a rate of 21.9%. Collaborative care models that integrate assessment and treatment for depression into primary care significantly improve treatment entry. The postpartum support group (PPSG) at Family Medicine Center (FMC) provides a collaborative care model via a weekly support group to postpartum patients of FMC and Poudre Valley Prenatal Program.
UCHealth Oncology Social Work/Supportive Services – Bibliotherapy	The project supports supplying developmentally-appropriate books to patients who are parenting children/teens, in the context of the adult's cancer journey ('bibliotherapy', the use of books/(literature) as therapy in the treatment of mental conditions). We have determined that there has been a service gap- a lack of support for cancer patients who are parenting children or teens. Providing a book is helpful as patients can use that book in the comfort of their own home, with their children, on a day when they feel well enough to do it
UCHealth MCR/PVH Transitional Care – Patient Flow RN's	The Agency for Healthcare Research and Quality has created best practice standards to ensure safe transitions and reduce preventable adverse events, ED visits and medication errors for patients at home in order to decrease re-admission to the acute care setting and ultimately decrease morbidity and mortality. The patient flow RN is a complex role that ensures our patients have a consistent personal connection with a nurse that is dedicated to getting them home safely. The patient flow RNs address patient and family needs through a holistic lens to ensure that we are addressing all aspects of barriers to getting home and healing.
UCHealth Northern Forensic Nursing Program – Emergency Housing for High-Risk Domestic Violence	The UCHealth North Region Forensic Nurse Examiner team will develop a program for emergent housing for high-risk patients that are medically cleared, but unable to be discharged from the Emergency Department due to lack of a safe place to discharge, or no available beds in local safe houses. Our Nurse examiner team will use this program to increase awareness, and support within our healthcare centers for many domestic violence victims. Requested funds will support: hotel vouchers for victims that need a safe housing for 24hrs, and funds to transport patients to housing.
UCHealth Trauma Services – PVH Healing Gardens	The goal is to provide healing opportunities to our trauma patients with additional activities related to the PVH Healing Gardens. It has raised beds with a drip system that are easily accessible to patients in wheelchairs or with other ambulation needs. Occupational Therapists could use access to this garden to offer therapeutic horticulture which has been shown to have physical and mental health benefits to patients. Therapeutic horticulture not only improves engagement in therapy, but its benefits also include improved cognition and self-esteem, and it can improve symptoms of depression and anxiety, and can even improve sleep.
UCHealth Rehabilitation/Inpatient Occupational Therapy – Cognitive Behavioral Therapy for Insomnia Telehealth	This program is based on our increased knowledge of treating insomnia utilizing Cognitive Behavioral Therapy for Insomnia (CBT-I) techniques. Per the American College of Physicians, CBT-I is/should be the first line of treatment for chronic insomnia. This program allows people to return to health with improved sleep, daily function and activity. It also indirectly allows people to prevent hospitalization and possible long term health complications as sleep is an important part of healing and restoration.
UCHealth Northern Decedent Affairs – Care of Perinatal and Fetal Loss	The intended purpose for this project is to provide families with a respectful place to place their child after a loss or fetal demise. This is inherently a difficult time for these families and the goal is to provide them with courtesy and respect for their loss by having a proper receptacle for the presentation and handling of the infant. Families may choose to spend time with their baby prior to final arrangements, this allows them an opportunity to do so in a more appropriate manner.
UCHealth Greeley Hospital Birth Center – Empower/Comfort Cart for Laboring Mothers	An Empower and comfort cart will provide our laboring mothers tools and support to guide them through labor, giving these mothers more empowerment, calmer, ambient environment, supporting their needs when labor pain arises, and visualization tools to better explain family and patients their child birthing experience.
UCHealth PVH Pediatrics Unit – Playtime Disposable Activity Play Pads	Hospitals can be scary environments for children, especially when they are sick. Providing opportunities for children to have a distraction activity while they are sick and, in the hospital, can make their stay feel less scary and stressful. The disposable playtime activity pads can aid in distraction a child while also help them learn and discover new activities to help them cope.